



INTEGRATIVE MEDICINE GRAND ROUNDS

Tuesday, February 1st @ 8am

https://partners.zoom.us/webinar/register/WN_yGLbPL1ASX2Ygr2Z-qcFXg

Quieting the Mind: Harnessing Integrative Medicine in Primary Care



Dr. Spertus will discuss the role of Integrative Medicine modalities within a dedicated multidisciplinary academic Integrative Medicine center, focusing on the incorporation of these modalities into primary care practice with an illustrative patient case.

Neeti Jha, MD, will be a discussant and the patient will be present for the discussion.

Michael Spertus, MD

Integrative Family Medicine at the
Marino Center for Integrative Health

HMS CME CREDITS AVAILABLE oshercenter.org | hmsoshercenter@partners.org



**OSHER CENTER FOR
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HARVARD MEDICAL SCHOOL AND
BRIGHAM AND WOMEN'S HOSPITAL



Dr. Spertus completed his residency in Family Medicine at the New York-Presbyterian Hospital Columbia University and a Fellowship in Integrative Medicine at the Institute for Family Medicine, Mount Sinai Icahn School of Medicine in New York. He is Board Certified in Family Medicine, Integrative Medicine, and Lifestyle Medicine. He has additional training and certificates in medical acupuncture, clinical hypnosis, mindfulness-based therapies, and behavioral medicine.

Dr. Spertus now works at the Marino Center for Integrative Health with Mount Auburn Hospital and he is an Instructor at Harvard Medical School. He provides comprehensive integrative primary care as well as Integrative Medicine consults for patients interested in non-pharmacological or a more holistic approach to their illness. He believes Integrative Medicine approaches that treat the whole person are essential to both individual and population health.

Upcoming | First Tuesday's 8:00–9:00am



March 1st - "Clinical Neurospirituality"

Presenter: Michael Ferguson, MD

Center for Brain Circuit Therapeutics at Brigham and Women's Hospital



April 5th: Theme: psychedelic research and treatment

Presenter: Franklin King, MD

MGH Center for Neuroscience of Psychedelics

Department of Psychiatry, Massachusetts General Hospital



May 3rd: "An anatomical basis for electroacupuncture to drive anti-inflammatory neural pathways"

Quifu Ma, PhD

Dana Farber Harvard Cancer Center

Department of Neurobiology, Dana Farber Cancer Institute