INTEGRATIVE MEDICINE
GRAND ROUNDS (CLINICAL)

Tuesday, November 2 @ 8:00am
https://partners.zoom.us/webinar/register/WN_AvjQuaL3Q0-l64PLAo9NcQ

Fall 2021 Update in Multidisciplinary Care for Post-Acute Covid-19 Syndrome:
Why Keeping Hope is Key

Zeina El-Chemali MD & Jennifer Freeburn, MS CCC-SLP

As the COVID-19 pandemic continues to infect the global population, of those who survive infection, some recover fully while others are plagued with chronic COVID-19 symptoms. Dr. Zeina El-Chemali and Jennifer Freeburn join us to explain how integrative medicine services can provide relief for these “Covid-19 Long Haulers.”

Date/Time: Tuesday, November 2 | 8:00am – 9:00am US ET
Cost: Free. CME credit available
Questions: Submit the chat function on Zoom

HMS CME CREDITS AVAILABLE | oshercenter.org | hmsoshercenter@partners.org
Zeina El-Chemali, MD, MSCE is the Medical Director of the McCance Center for Brain Health. She also serves as Director of the Neuropsychiatry Clinics and Training in the department of Psychiatry and Neurology at Massachusetts General Hospital (MGH) and an associate professor in Psychiatry and Neurology at Harvard Medical School. Her clinical interests and expertise revolve around the practice of neuropsychiatry/behavioral neurology and brain health with a special interest in early-onset dementia.

Jennifer Freeburn, MS CCC-SLP is a clinically certified and licensed Speech Language Pathologist at the Center for NeuroTechnology and NeuroRecovery in the Department of Neurology at Mass General Hospital (MGH). Her treatment strategies often include principles of self-awareness and mindfulness to support long-lasting carryover outside of the therapy room.

**Upcoming | First Tuesday’s 8:00–9:00am**

- **December 7: (Research)** “Building an Integrative/Whole Health Medical School from the Ground Up: The Promises and Perils of Starting from Scratch”  
  **Presenter: Adam Rindfleisch, MD** from the Whole Health School of Medicine in Arkansas

- **January 4: (Research)** “Whole Health in the VA: Moving from “What’s the Matter with You” to “What Matters to You”  
  **Presenter: Benjamin Kligler, MD, MPH** from Veterans Health Administration

- **February 1: (Clinical)** “From Wide Awake to Fast Asleep: Integrative Treatments for Insomnia”  
  **Presenter: Michael Spertus, MD** from Integrative Family Medicine