



INTEGRATIVE MEDICINE GRAND ROUNDS (RESEARCH)

TUESDAY, JUNE 2 @ 8AM

JOIN VIRTUALLY ON ZOOM

Studying Sickness in Humans: An Experimental Inflammation Model to Understand Feelings and Behaviors



Mats Lekander, PhD
Karolinska Institutet, Sweden

Join us virtually at this month's Integrative Medicine Grand Rounds to hear **Dr. Mats Lekander** from Karolinska Institutet, Sweden discuss an experimental inflammation model to understand feelings and human behavior.

Date/Time:

Tuesday, June 2 | 8:00am – 9:00am

Cost: Free. CME credit available

If you want to request CME credit for virtual participation, send an email between 8:00-8:30am on Tuesday, June 2nd with your full name, degree and organization to jcantlin@bwh.harvard.edu.

HMS CME CREDITS AVAILABLE

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GRAND ROUNDS SCHEDULE**



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HARVARD MEDICAL SCHOOL AND
BRIGHAM AND WOMEN'S HOSPITAL

Biography



Dr. Mats Lekander works in the intersection between psychology and biomedicine. In particular, he studies the interaction between the brain and the immune system and the role of behavior in this interaction. This may for instance relate to the effects of stress or inadequate sleep on the immune system and brain function. Several relevant studies are focused on allergy. A particular interest lies in how the immune system affects brain activity and thus the subjective health experience. In this area, he studies how both acute and chronic inflammation affects the sensitivity to pain, fatigue and the so-called self-rated health.

UPCOMING | FIRST TUESDAY'S 8:00–9:00AM



July 7th (Clinical) "A Novel Mind-Body Program for Promoting Brain Health"
Presenters: Ana-Maria Vranceanu, PhD, Ryan A. Mace, M.S, Gretchen Reynolds, PhD, Massachusetts General Hospital



August 4th (Research) "Nonpharmacological Approaches to Pain Management: Lessons learned from pragmatic trials of chiropractic for back pain" **Presenter: Christine Goertz, DC, PhD, Duke University School of Medicine**



September 8th (Research) "Culinary Medicine and the Science of the Teaching Kitchen" **Presenter: Melinda Ring, MD, FACP, ABOIM Northwestern University**



October 6th (Clinical) "Training Medical Students in Health Coaching"
Presenter: Ruth Q. Wolever, PhD Vanderbilt University