



# INTEGRATIVE MEDICINE GRAND ROUNDS (CLINICAL)

**TUESDAY, OCTOBER 1 @ 8AM**

**FOLLOWED BY COFFEE HOUR FROM 9-10AM**

Bornstein Amphitheater, BWH, 45 Francis St., Boston, MA, 02115

## Precision Medicine & Integrative Oncology: An 'Exceptional' Case of Pancreatic Cancer



**Presenter:**

**Aditi Nerurkar, MD, MPH**  
Medical Director,  
Cheng-Tsui Integrated Health  
Center, Beth Israel Deaconess  
Medical Center



**Presenter:**

**Joseph Grossman, MD**  
Attending Physician  
GI Oncology, BIDMC



**Panelist:**

**Jessica Butler, MAOM**  
Acupuncturist  
Cheng-Tsui Integrated  
Health Center, BIDMC

**Description:** A clinical case presentation of an “exceptional” cancer patient using precision medicine and an integrative medical approach in managing a cancer diagnosis. The patient will present her perspective on the combined care received.

**HMS CME CREDITS AVAILABLE**

[oshercenter.org](http://oshercenter.org) | [hmsoshercenter@partners.org](mailto:hmsoshercenter@partners.org)

**SEE BACK FOR SPEAKER BIOS &  
GRAND ROUNDS SCHEDULE**



**OSHER CENTER FOR  
INTEGRATIVE MEDICINE**  
HARVARD MEDICAL SCHOOL AND  
BRIGHAM AND WOMEN'S HOSPITAL

# Biographies



**Aditi Nerurkar, MD, MPH** is an integrative medicine physician and the Medical Director of the Cheng-Tsui Integrated Health Center at Beth Israel Deaconess Medical Center. Her clinical expertise is in mind-body medicine, stress management and an integrative approach to complex illness. Her research expertise is in incorporating mind-body therapies into conventional medical care. She has published several studies on doctors prescribing mind-body therapies and stress-management in JAMA Internal Medicine. These days, Dr Nerurkar is increasingly involved in the media & health communication as a medical contributor and correspondent. She has been featured in Oprah Magazine, CNN, NPR, and the WSJ. Most recently, she was a panelist at the Forbes 30 Under 30 Summit and was voted a Top Breakthrough in Integrative Medicine by the Huffington Post. She has also been featured in the Top Doctors Issue of Boston Magazine. Dr Nerurkar is currently the host of Thrive Global's The Parenthood Journey, led by Arianna Huffington.



**Joseph Grossman, MD** is originally from Flint, Michigan. He graduated from the University of Michigan with a degree in Economics in 1999, then worked in NYC in theater and television at MTV and as a video editor before joining the postbacc program at Columbia University where he made surgical instructional videos. He completed postbacc and graduated from Brown Medical School in 2012, then completed internship and residency in internal medicine at BIDMC, followed by hematology oncology fellowship at BIDMC in 2018. He has been an attending physician for the last year in GI Oncology also at BIDMC, with a research focus on personalized and novel treatments for pancreatic cancer. He is the principal investigator of "A Feasibility Trial of Patient Derived Organoids as a Biomarker for Response to Therapy in Pancreatic Cancer" – the HOPE trial (Harnessing Organoids for PErsonalized Therapy).



**Jessica Butler MAOM**, received her Masters of Acupuncture and Oriental Medicine at the New England School of Acupuncture and is licensed by the Massachusetts Board of Registration in Medicine. Jessica has practiced in a variety of settings, from community acupuncture clinics to private practice. She has extensive experience treating patients with a vast range of symptoms, from recent injuries to chronic pain. She specializes in treating migraines and other pain conditions. Jessica is the staff acupuncturist at the Cheng-Tsui Integrated Health Center at BIDMC.

---

## MONTHLY | FIRST TUESDAY'S 8:00–9:00AM

---



**November 5, 2019 (Research) Reimagining Person-Centered Care for Chronic Conditions: Lessons from My Mother**  
Vikram Patel, MBBS, PhD, Department of Global Health and Population (Harvard T. H. Chan School of Public Health)



**December 3, 2019 (Clinical) Understanding the Role of Naturopathic Doctors in Integrative Medicine: An Oncology Case Study**  
Presenters: Amy Rothenberg, ND  
Lindsay Rockwell, DO, Colley Dickinson Hospital, Northampton, MA