Using Self-Compassion to Reduce Intersecting Stigmas in HIV and Substance Use Disorder

*FOLLOWED BY COFFEE HOUR FROM 9-10AM*

**Presenter:** Abigail Batchelder, PhD, MPH  
Assistant Professor, Harvard Medical School  
Psychologist, Behavioral Medicine Service, Massachusetts General Hospital  
Affiliated Investigator, The Fenway Institute, Fenway Health

**Description:** In this presentation, Dr. Batchelder will describe her research trajectory, which aims to better understand and address internalized stigma and shame as barriers to HIV-related self-care among people living with interrelated stigmatized identities, including people who use substances and who identify as sexual and gender minorities.

**Location:** Bornstein Family Amphitheater, BWH, 45 Francis St., Boston, MA, 02115

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**HMS CME CREDITS AVAILABLE**

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Dr. Abigail Batchelder holds a doctorate in clinical health psychology and a master’s in public health. She is an Assistant Professor in the Department of Psychiatry at Harvard School of Medicine (HMS), psychologist at Massachusetts General Hospital (MGH), and an Affiliated Investigator at the Fenway Institute. Prior to transitioning to HMS/MGH, she completed one year of a T32 fellowship at UCSF’s Osher Center for Integrative Medicine. Her research is supported by NIDA and focuses on understanding and addressing psychological barriers to self-care, such as stigma and shame, among people living with HIV/AIDS, substance use disorder, and other stigmatized identities.