



INTEGRATIVE MEDICINE GRAND ROUNDS

TUESDAY, AUGUST 7TH, 2018 AT 8:00AM

Omega-3 Fatty Acids for Mood Disorders and other Psychiatric Conditions

FOLLOWED BY COFFEE HOUR FROM 9-10AM



**Presenter: David Mischoulon, MD,
PhD**

Director, Depression Clinical and
Research Program, MGH; Joyce R.
Tedlow Professor of Psychiatry, HMS

In this lecture, Dr. Mischoulon will review the evidence base for omega-3 fatty acids in various psychiatric disorders, including potential mechanisms of action, and side effects. He will discuss appropriate recommendations that clinicians can make to their patients with regard to whether and when to use omega-3s for treating their psychiatric condition.

Presenting Institutions: Massachusetts General Hospital and Harvard Medical School

Location: Bornstein Family Amphitheater
45 Francis Street, Boston, MA 02115

MONTHLY | FIRST TUESDAY'S 8:00–9:00AM

September 4: TBD

October 2: Dr. Anthony Lisi presents “Studying the Implementation of Chiropractic Services in the Department of Veterans Affairs “ - Yale

HMS CME CREDITS AVAILABLE

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OSHER CENTER FOR INTEGRATIVE MEDICINE
HARVARD MEDICAL SCHOOL AND BRIGHAM AND WOMEN'S HOSPITAL



Biography



Presenter: David Mischoulon, MD, PhD,

Director, Depression Clinical and Research Program,
Massachusetts General Hospital; Joyce R. Tedlow Professor of
Psychiatry, Harvard Medical School

Dr. David Mischoulon graduated in 1994 from the combined MD-PhD program at Boston University School of Medicine. He completed his residency in adult psychiatry at the Massachusetts General Hospital (MGH). Dr. Mischoulon is a Professor of Psychiatry at Harvard Medical School, and Director of the MGH Depression Clinical and Research Program (DCRP). His research focuses on omega-3 fatty acids and other complementary therapies. Dr. Mischoulon has published over 250 articles and a textbook, *Natural Medications for Psychiatric Disorders*. His work has contributed to the understanding of the efficacy, safety, and mechanisms of various natural therapies.