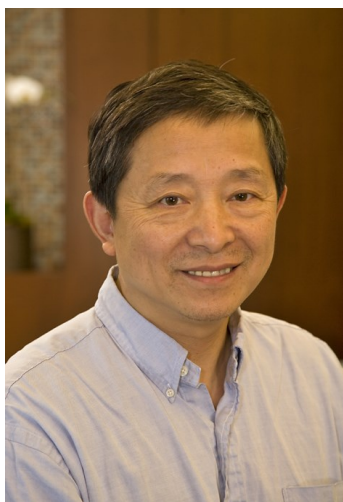
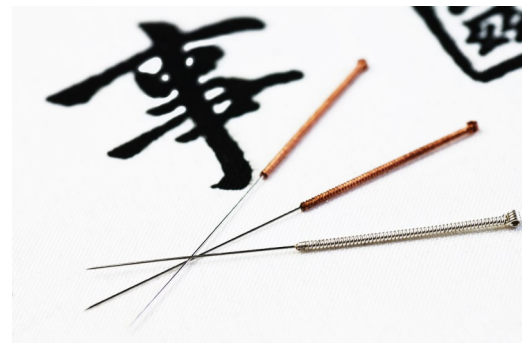

Acupuncture at the Osher Clinical Center

Many people think of acupuncture as a treatment for painful neuro-musculoskeletal disorders such as back/neck pain, headaches, tennis elbow, and plantar fasciitis. The acupuncturists at the Osher Clinical Center are consulted for a broad range of complaints and diagnoses including relief of menstrual pain, gastrointestinal disorders, fibromyalgia, dizziness, insomnia, medical problems associated with pregnancy, fatigue and for general health and wellness. The Osher Center clientele includes caregivers, professional athletes and weekend warriors; some are “training for life” or a competition, while others are seeking to maximize their overall health and well-being.



Xiao Ming Cheng, L. Ac., is a senior TCM (Traditional Chinese Medicine) practitioner with over 35 years experience. He is a graduate of Shanghai University of TCM and has a degree in Orthopedics.

Since 1991, Dr. Cheng has taught TCM, acupuncture and oriental philosophy at the New England School of Acupuncture. He is also an instructor in acupuncture for physicians through the Harvard Medical School Continuing Medical Education Department.

Dr. Cheng has published three noteworthy clinical texts in Chinese: **Acupuncture for Emergencies**, **Scalp Acupuncture**, and **Acupuncture Pathology & Point Prescriptions** and the English text **Acupuncture and Moxibustion**.

Specializing in Acupuncture for:

- General wellness
- Pain management
- Menstrual pain / Dysmenorrhea / Infertility
- Stress / Anxiety / Headache

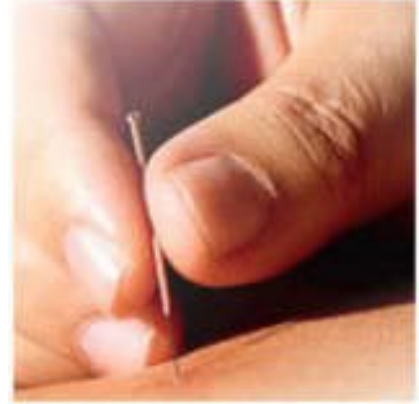
What is an acupuncture treatment like?

Treatments are provided in a comfortable, private setting. Our clinicians use a blend of Eastern and Western evaluation processes. Acupuncture needles are very small in diameter. Needle placement is based upon traditional acupuncture meridians and may be remote from the area of complaint. Many people report a feeling of deep pressure in the needle placement site. The needles may remain in place for 30-60 minutes, depending upon the body’s response to the procedure. Most acupuncture patients report a feeling of deep relaxation after a therapy session.

Will insurance pay for Acupuncture?

Most Massachusetts health insurance policies will not pay for acupuncture therapy. Some worker’s compensation and personal injury (motor vehicle accident) policies will offer reimbursement.

If your personal health insurance company reimburses for acupuncture, we can provide you a bill to submit to the insurer. We do not bill private insurance companies for acupuncture services. It is always best to confirm your insurance benefits with your insurance company. Patients with health savings accounts may submit their bills for reimbursement.



Our Acupuncture Fees:

Initial Consultation: \$90.00
Follow-up appointment: \$90.00

How do I schedule an appointment?

Please call the Osher Clinical Center at (617) 732-9700 to get more information about our acupuncture services. The Center is located at the Brigham and Women’s Ambulatory Care Center in Chestnut Hill.

Osher Clinical Center for Integrative Medicine
Brigham and Women’s Ambulatory Care Center
850 Boylston Street
Chestnut Hill, MA 02445
617-732-9700 | osher.hms.harvard.edu