INTEGRATIVE MEDICINE
GRAND ROUNDS

TUESDAY, FEBRUARY 6TH, 2018 AT 8:00AM
BORNESTEIN FAMILY AMPHITHEATER, BWH | 45 FRANCIS ST., BOSTON, MA 02115

INNOVATIVE PROJECTS IN INTEGRATIVE MEDICINE:
UPDATES FROM THE OSHER PILOT RESEARCH GRANT Awardees

A Novel Mind-Body Program for Grieving Older Adults: Development and Initial Piloting
Presented by: Eric Bui, MD, PhD, Associate Director for Research, Center for Anxiety and Traumatic Stress Disorders, Massachusetts General Hospital; Assistant Professor of Psychiatry, Harvard Medical School

Ecological Momentary Assessment of the Relationships between Sleep Disturbance, Hypothalmic-Pituitary-Adrenal Axis Function, and Pain in Fibromyalgia Patients: The Impact of Daily Yoga-Based Exercise
Presented by: Kristin Schreiber, MD, PhD, Anesthesiologist, Clinical Regional Fellow, Research Fellow, Brigham and Women’s Hospital

Relation of DNA Methylation and Molecular Markers to Health and Well-being in Aging
Presented by: Olivia Okereke, MD, MS, Geriatric Psychiatrist, Associate Professor of Psychiatry, Associate Professor of Epidemiology, Harvard Medical School & Harvard T.H. Chan School of Public Health; Director of Geriatric Psychiatry, Director of Geriatric Psychiatry Clinical and Research Program, Massachusetts General Hospital

Integrated Yoga / Meditation-Based Therapy for Complex Sleep Apnea
Presented by: Amit Anand, MD, Faculty Member, Division of Pulmonary, Critical Care and Sleep Medicine, Beth Israel Deaconess Medical Center; Instructor in Medicine, Harvard Medical School

MONTHLY | FIRST TUESDAY’S 8:00–9:00AM
March 6th: TBD
April 3rd: David Mischoulon, MD, PhD presents Complementary and Integrative Therapies for Depression: State of the Evidence - Massachusetts General Hospital
May 1st: Daniel L. Hall, PhD - Massachusetts General Hospital

HMS CME CREDITS AVAILABLE

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