



INTEGRATIVE MEDICINE GRAND ROUNDS

TUESDAY, JUNE 7, 2016

FOLLOWED BY COFFEE HOUR FROM 9-10AM

CLINICAL CASE PRESENTATION:

“TREATING THE WHOLE PATIENT: NUTRITIONAL HEALTH COACHING IN AN INTEGRATIVE SETTING”

PRESENTED BY: THE OSHER CLINICAL CENTER FOR INTEGRATIVE MEDICINE



Co-Presenter

Caitlin Hosmer-Kirby, MS, RD
Senior Nutritionist
Osher Clinical Center for
Integrative Medicine, Brigham
and Women’s Hospital



Co-Presenter

Kathy McManus MS, RD, LDN
Director of the Department of
Nutrition, Director of the
Dietetic Internship, Brigham
and Women’s Hospital



Discussant

Donald B. Levy, MD
Medical Director, Osher
Clinical Center for
Integrative Medicine,
Brigham and Women’s
Hospital



SPRING 2016 SCHEDULE:

July 5th: *Cancelled, in observance of US Independence Day*

August 2nd: Dana-Farber Cancer Institute
Patricia Arcari, PhD, RN, AHN-BC

MONTHLY | FIRST TUESDAY’S
8:00–9:00AM

Bornstein Family Amphitheater, BWH
45 Francis St., Boston, MA 02115

HMS CME CREDITS AVAILABLE

Integrative Medicine Grand Rounds

Speaker Biographies



Caitlin Hosmer-Kirby, MS, RD – Senior Nutritionist, Osher Clinical Center for Integrative Medicine, Brigham and Women’s Hospital

Ms. Hosmer-Kirby graduated from Cornell University with a BS degree with honors in Nutritional Science. After working for several years in the field of community nutrition, she completed her master's degree and dietetic internship at Tufts University. Following this training, she worked as the Program Director of the Dean Ornish Program for Reversing Heart Disease for the duration of the program in Boston. This experience reinforced a strong interest in integrative approaches to long-term lifestyle changes. Several experiences also involving integration in healthcare followed this work. These efforts involved the integration of complementary and conventional medicine, and developing an online curriculum with an integrated team of health professionals to support women's weight loss efforts. Ms. Hosmer-Kirby especially enjoys working with people who are making long-term positive changes in eating habits to optimize health and decrease risk of chronic diseases. She does this in one-on-one counseling, speaking to groups in a variety of settings, and writing articles and educational materials.



Kathy McManus, MS, RD, LDN – Director of the Department of Nutrition and Director of the Dietetic Internship, Brigham and Women’s Hospital

Kathy McManus is Director of the Department of Nutrition and Director of the Dietetic Internship at the Brigham. In addition she serves as the Director for Nutrition Services at Dana Farber Cancer Institute, the Director of Nutrition for the Brigham’s Program for Weight Management and served as a Co-Investigator on an NIH funded obesity study, POUNDS Lost.

Ms. McManus has more than 25 peer reviewed publications. She is a faculty member of the Healthy Kitchen’s Healthy Lives program conducted by TH Chan Harvard School of Public Health and the Culinary Institute of America. This program is designed to teach physicians the most current science of nutrition combined with a culinary experience.

Ms. McManus serves on a numerous Brigham leadership committees. In addition she is a member of the Boston Public Health Commission’s REACH Healthy Beverage and Sodium Reduction Committee and the Museum of Science’s Food Task Force.



Donald B. Levy, MD – Medical Director, Osher Clinical Center for Integrative Medicine, Brigham and Women’s Hospital

Dr. Levy is the Medical Director of the Osher Clinical Center. He is a board certified internist and an Assistant Clinical Professor of Medicine at Harvard Medical School. He graduated New York Medical College in 1981 and completed his residency at Mt. Auburn Hospital in Cambridge, MA. Dr. Levy taught Harvard medical students, interns, residents and fellows in a variety of roles for over 25 years and maintained a practice in primary care internal medicine until 2007. He worked at the Marino Center for Progressive Health in Cambridge, MA for over 10 years, where he served as Medical Director for one year, and then staff physician and Director of Integrative Medical Education. He helped the center to expand its multidisciplinary team of practitioners and to ally itself with local academic medical centers, hospitals and research organizations. His professional interests include the use of nutrition and dietary herbs and supplements in medicine, the management of cardiac risks to prevent heart disease and the integration of scientific advances in modern medicine with the rediscovery and implementation of age-old principles and therapies that enhance the ability to heal and maintain good health.